



WORKING WITH SUICIDE AND SUICIDAL IDEATION: ASSESSMENT AND RISK ASSESSMENT.

CPC IS DELIGHTED TO BE ABLE TO OFFER THIS TRAINING TO UNIVERSITIES IN 2012 THANKS TO A GENEROUS GRANT MADE BY THE JAMES WENTWORTH-STANLEY MEMORIAL FUND.



Built on the success of CPC's original training in 2010 and 2011, this training day is aimed specifically at University Counselling and Student Support Services.

It is designed to directly address the needs of the higher risk age group of 18 - 25 year olds.

This training day is designed to take seriously the reality of suicide and to enable practitioners to be skilled and supported in order that they can assess indications of suicide, identify their own limits, and if appropriate, work therapeutically with suicidal patients.

The aims of the day are to:

- * Identify suicidal ideation and suicidal features in initial assessment.
- * Understand the conditions for psychotherapeutic work – is such work possible with this patient?
 - * Increase awareness of referral options – where, how, to whom?
- * Explore models of shared care and medical and therapeutic co-working.
- * Explore work with suicidal patients – knowing, understanding, holding and containing.
- * Understanding of the nature of suicide – destructive attachment or absolute non-attachment.
- * Understanding the fantasy, reality and purpose of this person's suicidal idea and intention.
 - * Further understanding of the suicidal condition – anger, rage, despair etc.
 - * Explore legal and ethical considerations.
 - * Explore the consequences of a suicide.

FOR FURTHER INFORMATION PLEASE CONTACT THE CPC OFFICE
ON 01243 870701 OR EMAIL KATYROSE@CPC-ONLINE.CO.UK

The James Wentworth-Stanley Memorial Fund was set up to help raise awareness of anxiety, depression and suicide amongst young people and to tackle the terrible and shocking statistic that suicide is the largest cause of death amongst young men in the UK.

For more information about the James Wentworth-Stanley Memorial Fund
please visit: <http://www.jwsmf.org>