



DUE TO POPULAR DEMAND THIS SECOND DATE HAS BEEN BOOKED IN SHEFFIELD.
THE LONDON DAY IN 2008 WAS VERY POPULAR - SO BOOK EARLY!



Dreams & Creativity Workshop

A Workshop with James Barrott

2nd October 2009
Sheffield

The aim of this workshop is that delegates will leave with the ability to work confidently on their clients dreams. Hopefully the day will also give those who take part a greater understanding and interest in their own dreams.

In addition to dreamwork, delegates will learn a variety of other creative methods of working, which can be used to assist clients to risk being more fully themselves, express things that have remained unexpressed, uncover unconscious processes or have a sharper experience of living through events.

These techniques are powerful skills, and as such there will be an emphasis on support throughout the day to enhance delegates learning and facilitate work on any material which may surface during the course of the day while practicing the above techniques.

James Barrott has been working as a counsellor in the educational field for the last ten years, and is currently the Head of Counselling at Thames Valley University.

Previously he worked as a counsellor in the areas of mental health, domestic violence, children and families, and the creative arts.

He believes our willingness to explore our own and our clients creativity can result in rich, resourceful and inspired counselling sessions and hence therapeutic change.

In addition to counselling, James also works as a musician, and is a beekeeper.

Delegates are encouraged to pay attention to their dreams on the days leading up to the workshop and to record them upon awakening if this assists recall.

Booking Form

Dreams & Creativity: 2nd October 2009

Venue: Sheffield Quaker Meeting House, 10 St James Street, Sheffield S1 2EW

FEES: £95 for Members £120 for Organisational Members £150 for Non-Members

Name _____ Role _____

Address _____

Daytime contact number _____

Please tick/complete as appropriate:

* I am a member of CPC/BASRT and my membership number is _____

* I am not a member of CPC or BASRT

Please select one of the following payment options:

1. I enclose a cheque for £ _____ made payable to CPC Ltd

2. I wish to pay by credit card/debit:

Switch Delta Solo Maestro JCB Visa Mastercard

Card No:

Start Date: / Expiry Date: /

Security Code Issue No: (Switch only)

Cardholder Name _____

3. Please send an invoice sent to the following address :

Please return to: CPC, Queensway House, The Queensway, Bognor Regis, West Sussex, PO21 1QT

Tel: 01243 870701 Email: CPC@CPC-online.co.uk

Booking Conditions: By making a booking you are making a contract. Any cancellation must be in writing and an administration charge may be made for cancellations. Two weeks prior to an event no refund will be given.

Please note that a minimum and maximum delegate limit applies to this event. CPC may cancel this event if there are not enough bookings to make the day viable. In this unlikely event CPC will refund all fees paid.